



Important Nutrition-Related Updates & Events at USC

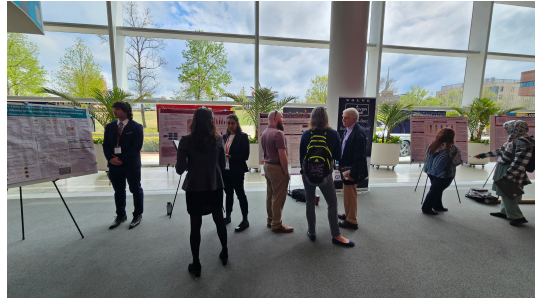
Welcome New Student Affiliate!

Amirhossein Fakhre Yaseri, MS, Department of Epidemiology and Biostatistics

Sponsor: Anwar Merchant

*Highlights from the 2024 Nutrition Symposium.
Thank you to all our oral and poster presenters for
making this year's event a success!*





For additional pictures from the event, check out our website.

[Symposium Page](#)

Student Poster Prize Winners



Congratulations to our poster prize winners from left to right:

- **Third Place:** Gitanjali Lall
 - *Social Norms around IYCF in rural Bangladesh: Learnings from the Alive & Thrive Program*
- **Second Place:** Morgan Boncyk
 - *Identifying and Defining Constructs for Assessment of Household- and Individual-Level Drivers of Food Choice*
- **First Place:** Sharraf Samin
 - *Consumption, sources, and perceptions of unhealthy foods among adults and adolescents in rural South Asia*

Symposium Feedback Survey

If you were able to attend the symposium, we kindly request your feedback by completing a short survey.

A graphic of a feedback survey card. The card is white with a yellow border and is set against a teal background with diagonal lines. The title "FEEDBACK" is at the top. Below it are four options: "EXCELLENT" with a smiley face icon and a checked checkbox, "GOOD" with a neutral face icon and an unchecked checkbox, "AVERAGE" with a sad face icon and an unchecked checkbox, and "POOR" with a very sad face icon and an unchecked checkbox.

FEEDBACK	
😊 EXCELLENT	<input checked="" type="checkbox"/>
😐 GOOD	<input type="checkbox"/>
😞 AVERAGE	<input type="checkbox"/>
😡 POOR	<input type="checkbox"/>

Your participation contributed significantly to the success of our USC Nutrition Symposium 2024. To help us improve future events, we kindly request your feedback by completing a short survey. Please respond to this survey by **Friday, April 19th**. Your insights are invaluable, and we appreciate your time.

[Feedback Survey](#)

Other USC Announcements

Nutrition and Related Courses

Summer 2024 Nutrition Course Offerings

HPEB 502: Applied Aspects of Human Nutrition

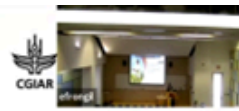
BIOL 425: Plant Form and Function

HRTM 340: Nutrition

*Some courses may have prerequisites or restrictions.

Don't forget to sign up for your nutrition courses for the Summer 2024 semester! See the full list of nutrition courses on our website.

Nutrition Courses



People Need to Eat More Fruits and Vegetables - but How?

Dr. Deanna Olney, PhD
Director, Nutrition, Diets and Health Unit
International Food Policy Research Institute

April 3, 2024
University of South Carolina

People need to eat more fruit and vegetables – but how? In this talk, Global Health Visiting Scholar, Dr. Deanna Olney, discusses global fruit and vegetable consumption and promising behavioral approaches to promote increased intake and improved dietary practices.



This Spring semester the Student Nutrition Group (SNG) is meeting weekly on **Wednesdays from 6-7 PM in Petigru 102**. You can sign up to join on [GarnetGate](#) and join the GroupMe for updates on events and additional information.

[GroupMe](#)



Become an Affiliated Scholar!

Become a part of the USC Nutrition Consortium's interdisciplinary scholars for networking opportunities, seminar events and more!



[Learn More](#)



WANT TO TAKE YOUR IMPACT TO THE NEXT LEVEL? **BECOME A STUDENT AMBASSADOR!**

Student Ambassadors are the elite leaders of our student engagement program. They make a 1-year+ commitment to mobilize their campus and community to take action for kids. As a Student Ambassador, you will receive additional support and mentorship from Save the Children/SCAN staff, including regular check-ins to help plan and execute events and other engagement activities.

SCAN the QR Code to learn more and apply!

Or email schoolclub@savechildren.org



[Save the Children Action Network](#) has a student club at USC and is looking for new members to join and participate in activities to increase awareness of the importance of child nutrition in the state. They also have one student ambassador position open. For more information, you can check out their GarnetGate page below.

[Save the Children Action Network](#)

Important Nutrition-Related Updates & Events from Professional Organizations



Access to fresh fruits and vegetables is disproportionate in rural communities across South Carolina, where residents are subject to lower wages, fewer healthcare options, and barriers to transportation. [FoodShare](#) partners with community-led organizations who help reduce financial and accessibility barriers by distributing Fresh Food Boxes. By making a financial gift to FoodShare we can continue to positively impact health outcomes across the city and state.

[Give Back](#)



The International Society of Behavioral Nutrition and Physical Activity will host their conference on Advancing Behavior Change Science **May 20-23, 2024**, in Omaha, Nebraska. **Registration is now open.**

ISBNPA 2024



The American Society for Nutrition (ASN) announced its annual meeting, NUTRITION 2024, will take place in Chicago, Illinois, **June 29-July 2, 2024**. NUTRITION 2024 is the premier meeting for the nutrition community, exploring developments in clinical and translational nutrition, food science and systems, diet and disease, basic science, global health, and more.

ASN 2024

FNCE[®] 2024

Food & Nutrition Conference & Expo[®]

Minneapolis, MN | October 5-8

The Food & Nutrition Conference & Expo 2024 will take place in Minneapolis, MN, Oct. 5-8, 2024.

FNCE 2024



APHA 2024

ANNUAL MEETING & EXPO

Minneapolis | Oct. 27-30

Rebuilding Trust in Public Health and Science

ENGAGE, COLLABORATE, GROW

The 2024 APHA Annual Meeting and Expo will also take place in Minneapolis, MN on Oct. 27-30, 2024. Registration and housing will open in June 2024. **Call for Abstracts is now open!** Abstracts are due **March 29th**.

We will provide more information and send notification of dates and times of affiliate presentations as they become available for these upcoming events. Please let us know if you are presenting at any of the upcoming conferences or if there are any other nutrition-related conferences we should be promoting.

Recent Affiliate Nutrition-Related Publications

Antonio J, Newmire DE, Stout JR, Antonio B, Gibbons M, Lowery LM, **Arent SM**, et al. Common questions and misconceptions about caffeine supplementation: what does the scientific evidence really show? *Journal of the International Society of Sports Nutrition*. 2024 Dec 31;21(1):2323919. <https://doi.org/10.1080/15502783.2024.2323919>

Day KR, **Bernhart JA, Wilcox S**. Barriers and Facilitators to 24-Month Maintenance of the Faith, Activity, and Nutrition Program in the U.S. *J Relig Health [Internet]*. 2024 Mar 25 [cited 2024 Apr 3]; Available from: <https://doi.org/10.1007/s10943-024-02012-9>

DuBois KE, Blake CE, Rudisill C, Harrison SE, Hébert JR. Use of Treatment and Self-Management Methods: Perspectives and Decisions of Patients With Ulcerative Colitis. *American Journal of Lifestyle Medicine*. 2024 Apr 2;15598276241243300. <https://doi.org/10.1080/15502783.2024.2323919>

Fairman CM, Kava CM, Beima-Sofie K, Sakhuja M, Masud M, Dias E, **Hébert JR**, et al. Addressing differences in cancer: a framework for synergistic programming in cancer prevention and control. 2024. <https://doi.org/10.21203/rs.3.rs-4046415/v1>

Iruhiriye E, **Frongillo EA**, Olney DK, Niyongira E, Nanama S, **Blake CE**, et al. Understanding differential reductions in undernutrition among districts in Rwanda

through the perspectives of mid-level and community actors on policy commitment and policy coherence. *Matern Child Nutr.* 2024 Mar 1;e13640.

<https://doi.org/10.1111/mcn.13640>

Kipp C, **Wilson DK**, Brown A, Quattlebaum M, Loncar H, Sweeney AM, **Abshire DA**, et al. Compounding effects of stress on diet, physical activity, and wellbeing among African American parents: a qualitative study to inform the LEADS health promotion trial. *J Behav Med.* 2024 Mar 9; <https://doi.org/10.1111/mcn.13640>

Koohsari MJ, **Kaczynski AT**, Miyachi M, Oka K. Building on muscles: how built environment design impacts modern sports science. *BMJ Open Sport Exerc Med.* 2024;10(1):e001908. <https://doi.org/10.1136/bmjsem-2024-001908>

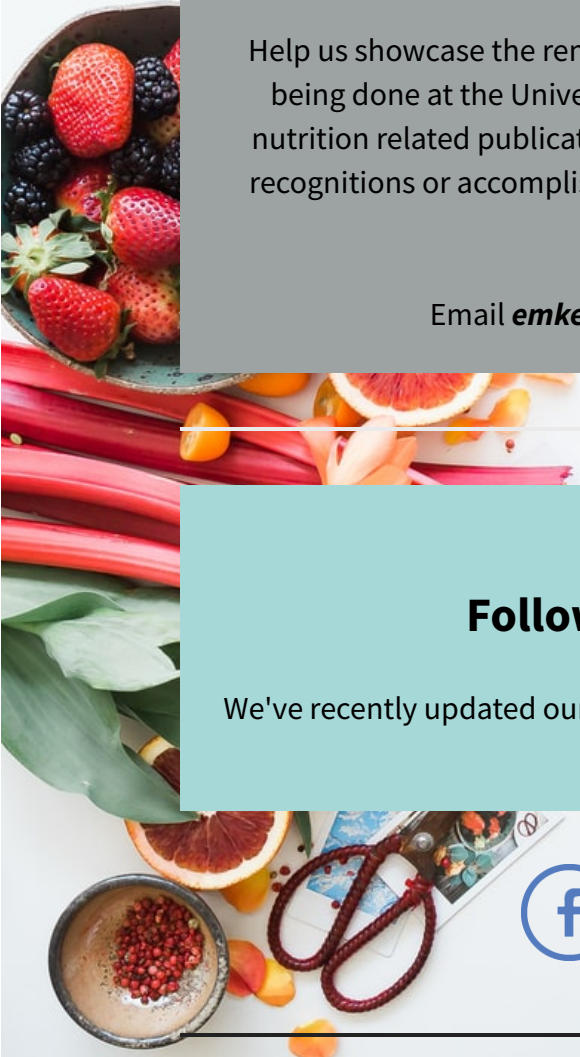
Malik FS, **Liese AD**, Ellyson A, Reid LA, Reboussin BA, Sauder KA, **Frongillo EA**, et al. Household food insecurity and associations with hemoglobin A1c and acute diabetes-related complications in youth and young adults with type 1 diabetes: The SEARCH for diabetes in youth study. *Diabetes Research and Clinical Practice.* 2024 Apr 3;111608. <https://doi.org/10.1016/j.diabres.2024.111608>

Parker H, Burkart S, Reesor-Oyer L, Klinggraeff L von, Pfladderer CD, **Adams E**, **Weaver RG**, **Beets MW**, et al. The Day-Level Association Between Child Care Attendance and 24-Hour Movement Behaviors in Preschool-Aged Children. *Journal of Physical Activity and Health.* 2024 Apr 5;1(aop):1–8. <https://doi.org/10.1123/jpah.2023-0656>

Pfladderer C, von Klinggraeff L, Burkart S, da Silva Bandeira A, Lubans D, Jago R, **Thrasher JF**, **Beets MW**, et al. Consolidated guidance for behavioral intervention pilot and feasibility studies. *Pilot and Feasibility Studies.* 2024 Apr 6;10(57):1–25. <https://doi.org/10.1186/s40814-024-01485-5>

Su ZT, Mamawala M, Landis PK, de la Calle CM, Pavlovich CP, Trock BJ, **Wirth M**, **Hebert JR**, et al. Association between dietary nutrients and inflammatory potential and biopsy upgrading in men with prostate cancer on active surveillance. *Urologic Oncology: Seminars and Original Investigations.* 2024 Mar 1;42:S96. <https://doi.org/10.1016/j.urolonc.2024.01.267>

Związek N, Prescha A, Gorczyca D, Paściak M, Szponar B, **Hebert JR**. The Relationship between Serum Polyunsaturated Fatty Acids and Dietary Inflammatory Index in Children with Recurrent Respiratory Infections. *Proceedings.* 2024;91(1):412. <https://doi.org/10.1016/j.urolonc.2024.01.267>



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to be featured in our monthly newsletter.

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