

### **Suicide Prevention Month Collaboration**

On September 7th, the Counseling and Rehabilitation Student Association (CRSA) took part in a collaboration with Department of Mental Health for Suicide Prevention Month.

Check out the South Carolina Department of Mental Health Suicide Prevention Campaign's "Let Your Hope Shine!"



SC Department of Mental Health Video



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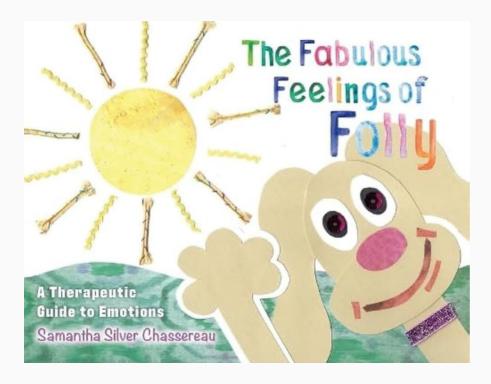
CHECK OUT OUR SOCIALS





#### **Published Alert!**

Samantha Silver Chassereau, a May 2023 graduate from the counseling and rehabilitation program published a crafty picture book for children and adults' inner child. The Fabulous Feelings of Folly is an interactive children's adventure story that teaches kids about having big emotions, inspired by the children she works with and her own beloved golden retriever, Samantha set out to write a story that would keep kids engaged while teaching important life lessons.



### **Published Alert!**

Mark Griggs, a first year student with the program along with his undergraduate colleagues and mentor, published the research article, "The Effect of Acute Exercise on Attentional Control and Theta Power in Young Adults" in Experimental Brain Research.

# Save the Date

December 1, 2023: The
Counseling &
Rehabilitation Program
will host its annual
Friendsgiving event.
Students, faculty, site
supervisors and
community partners are
all welcome to join us at
3555 Harden Street Ext.
for the holiday gathering.
More details will follow
closer to the date!



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### Maui Game Night Fundraiser

The Counseling and Rehabilitation Student Association (CRSA) hosted a Game Night Fundraiser for Maui Wildfire Relief and raised a little over \$300! Funds have been donated to the following foundations: Hawaii Community Foundation, Maui United Way, Maui Humane Society, 'Āina Momona, Maui Food Bank and People's Fund of Maui. We would like to thank everyone for their generous donations.



**Jubilee** 

September 16th marked Columbia's annual Jubilee Festival of Black History & Culture. In partnership with both the event and South Carolina Afterschool Alliance, several students and faculty members took part in chairing a table on behalf of SCCATER.

In addition to a live presentation on stage, the group was able to introduce SCCATER's resources to many of the  $\sim$ 1,400 visitors to enter the Kid's Zone where the SCCATER table was housed. Areas of focus on display included accessibility, STEM robots, and mental health. Throughout the day, the youth and their families were able to drop by to participate in robot coding sessions and exploration of adaptive technology.

To donate to families impacted by the wildfires on Maui, scan this QR code!





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