

### Flash From the Past: What's Happened This Month?

### **Learning Community Saturday**

This year's Learning Community Saturday was full of connecting and learning as we welcomed local agencies, program alums and current students to share their knowledge and advice. We look forward to seeing all of our students at the next Learning Community Saturday in February 24th!



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CHECK OUT OUR SOCIALS





## Flash from the Past: What's Happened This Month?

#### **AFSP Out of the Darkness Walk**



The Counseling & Rehabilitation Student Association participated in the Out of the Darkness Walk hosted by the American Foundation for Suicide Prevention. As a team, we raised \$185!

#### Speaker Series

The Counseling and Rehabilitation Program welcomed Dr. James Hansen, a published author of multiple books and articles and a Professor at Oakland University in the Department of Counseling, to speak on The Historical Evolution of Psychotherapy Systems.

### Save the Date

December 1, 2023: The
Counseling & Rehabilitation
Program will host its annual
Friendsgiving event.
Students, faculty, site
supervisors and community
partners are all welcome to
join us at 3555 Harden Street
Ext. for the holiday
gathering. More details will
follow closer to the date!

February 24th, 2024: The
Counseling and
Rehabilitation Program's
Learning Community
Saturday is set for the
Spring Semester! Meet us at
3555 Harden Street Ext. for
continuing educational
experiences.

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# Learning Community Spotlight NEWS FLASH



On World Mental Health day, May 2023 Graduate, Emily Boening, spoke with WIS News 10 about how we can prioritizing mental health today and year round.

Check out Emily's segment <u>here</u>.

#### **DISTINGUISHED AWARDS**

Two prominent members of our Learning Community were recognized at the 2023 Alumni and Dean's Distinguished Service Awards Dinner. Troy Hall, a 2020 Graduate of our program, was awarded the Distinguished Master's Alumni Award, and Dr. Kerry Lachance, a current adjunct and previous Director of our program, was awarded the Career Achievement Award.

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## Wellness Corner Pet of the Month

Ollie, according to the PetsMart he was adopted from, is a 4 year old Gray Tabby cat who loves to play and cause mischief. The list of nicknames is rather long, consisting of "Ollie Ollie Oxen-Free," 'Goomies," 'Gumbo,' and 'Bubba.'

Two Fun Facts:

- (1) His name before adoption was Malcolm.
- (2) He was on sale (50% off).

Want to see your pet featured? Complete the form!

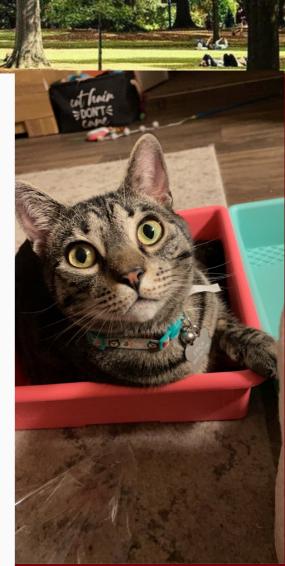
### **APA Writing 101**

Student papers usually include, at minimum, (1) a title page; (2) page numbers; (3) text (content); and (4) a reference list (APA, 7th edition, pg. 29).

#### **Tips & Tricks**

Students should include the following elements on the title page: (1) title of the paper; (2) name of each author of the paper; (3) affiliation of the author, typically the University attended; (4) course number and course name; (5) instructor name; (6) assignment due date (month, date, year); and (7) page number.

The title should summarize the main idea of the paper simply and, if possible, in a way that is engaging for readers. For research papers, it should be a concise statement of the main topic of the research and should identify the variables or theoretical issues under investigation and the relationship between them (APA, 7th edition, p.30).



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