

C&R NEWS

Counseling & Rehabilitation Program News

The C & R Program Is Moving

As we announced in last month's issue of C&R News, the Counseling and Rehabilitation Program will be relocating to the SOM-Columbia campus, a decision made after careful consideration of various factors including accessibility, resources, opportunities for collaboration, and connection to the SOM. We are confident that this relocation will enhance our Program's overall experience and enable us to serve our students at the highest level.

Over the past two weeks, packing up of the Med Park 15 office and classroom space has begun in earnest. All hands are on deck as staff and GA's work to organize materials and technology for the move. We'd like to extend a special thank you to the GA's for their assistance as many hands have made for light work in the transition.

As we work to prep for the move, the new program space located in Building 1 of the SOM VA campus is being prepared and updated for our arrival. We look forward to beginning the new academic year on the School of Medicine campus!



This issue:

We're Moving!

PAGE 01

Faculty Spotlight

PAGE 02-03

Student Spotlight

PAGE 04

Discover USC

PAGE 05

Graduation

PAGE 06

Elective Highlight

PAGE 07

Wellness Corner

PAGE 08

APA Writing Tips

PAGE 09



Faculty Spotlight

Dr. Stackhouse, Dr. Sacco-Bene, & Dr. Walsh Present at ARCA 2024 Conference and Expo: New Orleans



Counselors Get in The Game: Using ESports in Rehabilitation and Recovery

Dr. Stackhouse

(With Permission from ARCA)

This presentation explored the use of Esports in counseling rehabilitation and recovery to unveil the truth behind its benefits for persons with disabilities and/or comorbid diagnoses. Implementation of propitious resilience interventions, such as multi-modal combinations of esports and enhancement of self-regulation skills were explored.

Family Systems Theories: A Creative Approach to Advocacy and Social Justice

Dr. Sacco-Bene & Dr. Walsh

Drawing on interventions from family systems and family-oriented theories, together presenters and attendees explored creative ways these theories can be implemented to support advocacy and social justice efforts when working with individuals with disabilities and other traditionally marginalized and disadvantaged individuals and families.

Save the Date

May 2nd, 2024: Graduate Professional Hooding Ceremony

May 3rd, 2024: Commencement Ceremony

June 6th, 2024: Career Discovery Dialogue Lunch and Learn Series featuring Stephanie Bonnett.

August 19th 2024: New and Returning Student Orientation

October 11th, 2024: Speaker Series featuring Amanda Giordano.

October 12th, 2024: Fall Semester Learning Community Saturday



ARCA Task Force: Identifying Disability-Related Competencies in Clinical Supervision

Dr. Balva & Dr. Sacco-Bene

This presentation highlighted identified clinical supervision best practices for supervising supervisees with disabilities –both from clinical supervisors who have worked with supervisees with disabilities as well as counselor education supervisees with disabilities who have had ample experience receiving supervision from qualified supervisors. The presenters shared their research results to better support current and future supervisors when supervising supervisees with disabilities.



(With Permission from ARCA)

Dr. Richardson Presents at American Counseling Association Conference

“The Impact of Psychosocial Work Conditions on Workers With Disabilities”

Individuals with chronic illnesses and/or disabilities encounter difficulties in the workplace that can have a negative impact on their job satisfaction. It is important to understand how work affects these individuals’ overall quality of life and how organizational factors can impact their mental health. This session presented the results of a study investigating the psychosocial work conditions that influence job satisfaction for those with chronic illnesses and/or disabilities.

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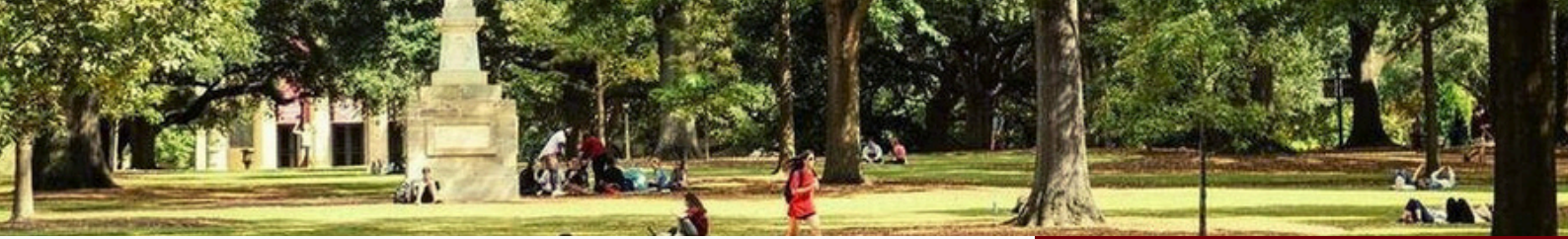
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Student Spotlight

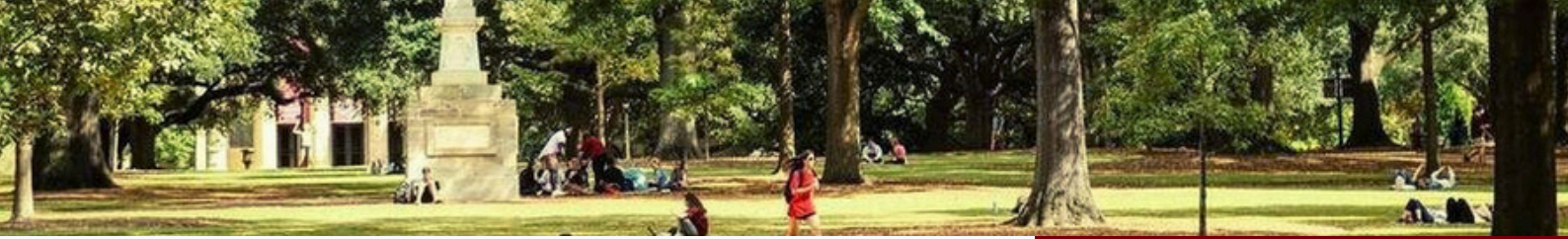
ACA Student Volunteers

Emily Collie and Allie Ledbetter were student volunteers at the 2024 ACA Conference and Expo. These two remarkable students connected with professionals in the field of counseling and were commented as being "exceptional" by several faculty and counseling professionals from across the country. Their insights were also encouraged to make the conference better for future volunteers. Drs. Walsh and Sacco-Bene appreciated talking to and connecting with Emily and Allie at ACA and want to commend them for actively engaging in their professional development by jumping into ACA!

"As interesting as the education sessions were at the ACA conference, I think my biggest takeaway were all of the connections I left with. It was amazing to see people working with the population I dream of working with. I got to connect with professors in other programs who run PhD programs to begin making connections. Got to meet the authors of some of the textbooks (even get some signed). There were other graduate students presenting their research in poster sessions. It was incredible to feel like even if I don't have a place yet in this field that I will find it, it's just a matter of time!"

- Allie Ledbetter





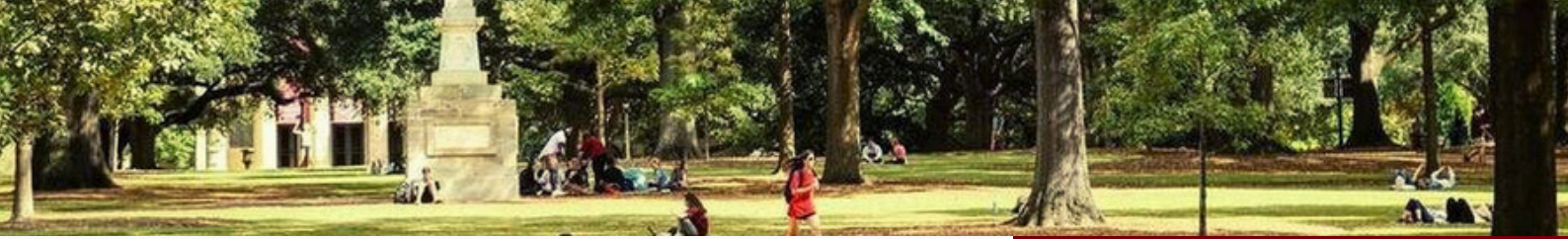
Discover USC

For the first time ever, the Counseling and Rehabilitation Program was represented at the Discover USC conference by seven of its Graduate Assistants. Discover USC brings the university's research and scholarly community together by unifying celebrations of graduate student, postdoctoral and medical scholar innovation and scholarship into a single full-day extravaganza. The event brought stakeholders and partners from every part of USC and the C&R program's GA's took full advantage of the networking opportunities by showcasing their research.

The C&R Program's GA's designed academic posters and presented both original research and literature reviews to evaluators, visitors, staff and faculty throughout the day. Topics presented included, **"Utilizing Virtual Reality to Teach Empathy in Young Healthcare Professionals," "The Effects of Online Video Games on Prosocial Behavior," "Virtual Reality and Biofeedback for Rehabilitation and Recovery"** and **"Importance of Robotics and STEM in the Classroom"**.

This year's iteration of the conference hosted more than 2,750 people throughout the day—a new Discover USC record. We'd like to extend our congratulations to **Miyoshi Anderson, Madison Lovejoy, Lauren Michaels, Julia Moro, Chiesoiro Okoro, Hayden Petee and Jerzy Zito** for their exceptional contributions and presentation.





Graduation

The Counseling and Rehabilitation Program is thrilled to announce the upcoming graduation of four outstanding students from the program during the spring '24 semester. These individuals have demonstrated exceptional readiness and dedication as they move toward the next step in their professional careers.

Please join us in congratulating:

- Emily Collie
- Lucy Johnson
- Melissa Milligan
- Christy Wise

“My time in the counseling and rehabilitation program has been one of incredible academic, professional, and personal growth. I don’t think there are enough words to express how much gratitude I hold for this program, our faculty, staff, and my learning community members. I may not have wanted to wake up and go to Learning Community Saturdays once a semester, but once I was there it was a place of connection and collaborative learning and became one of my favorite experiences. You can truly feel the passion and commitment of every member (faculty and student) of the learning community. I entered this program feeling nervous and lost and am now graduating with a strong sense of self personally and professionally. I have significant confidence in my skills and abilities as a counselor thanks to this program and am excited to see where my future takes me!”

-Emily Collie



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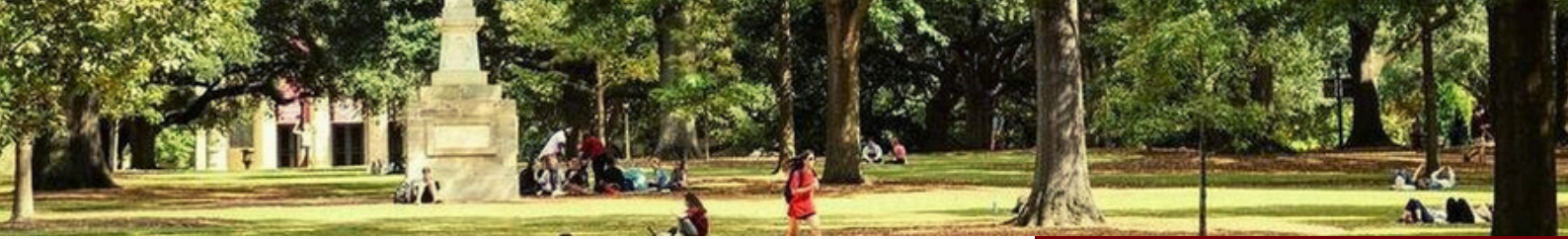
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Elective Course Highlight

Each semester, the Counseling and Rehabilitation program offers multiple electives open to both C&R students and other Graduate Students across the University. This month, we highlight RCON 610 - LGBT Issues in Counseling and Rehabilitation. This course explores contemporary issues related to the provision of effective counseling and rehabilitation services with the lesbian, gay, bisexual, transgender (LGBT+) population. The focus of the course is to attain a level of applied knowledge and awareness commensurate with professional practice.

Based upon an understanding of the ways in which heterosexism and homophobia are embedded in the social milieu, students will identify strategies for serving these populations. Topics will include the nature of sexual orientation, LGBT+ identity formation, multicultural identity, disability as well as family and relationship considerations. The course will focus on how counselors, rehabilitation professionals, and other helping professionals can most effectively meet the needs of LGBT people.

The course is to be delivered both virtually and in person on Wednesdays from 5:15pm – 8:00pm EST during the fall '24 semester and is available for enrollment to all graduate students. For more information, call 803-434-4296 or Email: rehab@uscmed.sc.edu

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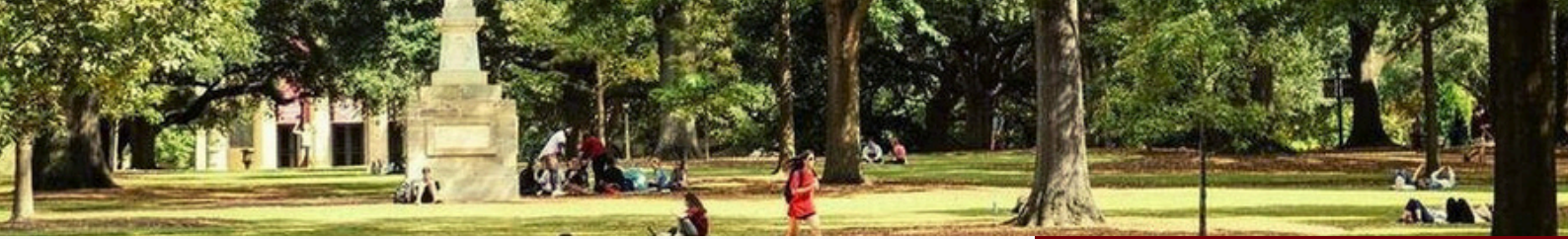
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Wellness Corner

One of our students' favorite wellness activities is yoga. Yoga has been shown to be beneficial for mental health, as it can help reduce stress and anxiety. It's also a great way to get students moving their bodies and getting some exercise.

If you have any other self-care or wellness ideas to share with the Learning Community, please complete [this form](#).

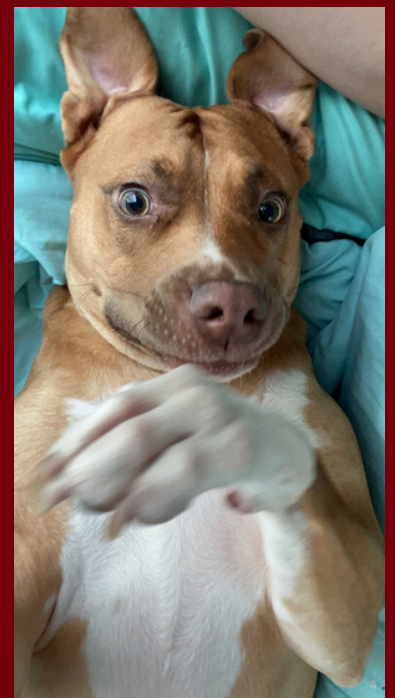


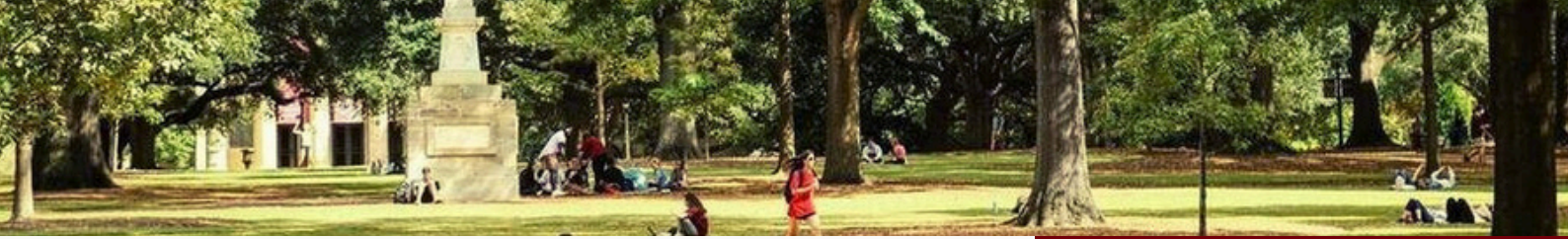
Pet of the Month

Meet Lainey, a 3 year old dog who belongs to Counseling and Rehabilitation Student, Hailey Robinson.

Lainey's favorite passtime is napping.

To have your pet(s) shared in next month's newsletter, complete [this form](#)!





APA Writing Tips

Direct Quotations

A direct quotation reproduces words verbatim from another work or from your own previously published work. It is best to paraphrase sources rather than directly quoting them because paraphrasing allows you to fit material to the context of your paper and writing style.

Use direct quotations rather than paraphrasing when reproducing an exact definition, when an author has said something memorably or succinctly, or when you want to respond to exact wording (e.g., something someone said).

When quoting directly, always provide the author, year, and page number of the quotation in the in-text citation in either parenthetical or narrative format. To indicate a single page, use the abbreviation “p.” (e.g., p. 25, p. S41, p. e221); for multiple pages, use the abbreviation “pp.” and separate the page range with an en dash (e.g., pp. 34–36). If pages are discontinuous, use a comma between the page numbers (e.g., pp. 67, 72).

(APA 7th edition, p.270).



CHECK OUT OUR SOCIALS

